

CORONA VIRUS

Corona virus can cause a disease called Covid -19.

Who can be more affected by Covid -19?

- Those people who have less immunity can get Corona virus.
- Senior citizen or those who are affected by some chronic disease.
- All health workers who are on front line and taking care of corona patient.

SYMPTOMS OF COVID -19

COVID-19 affects different people in different ways. Most infected people will develop mild to moderate illness and recover without hospitalization.

Most common symptoms :

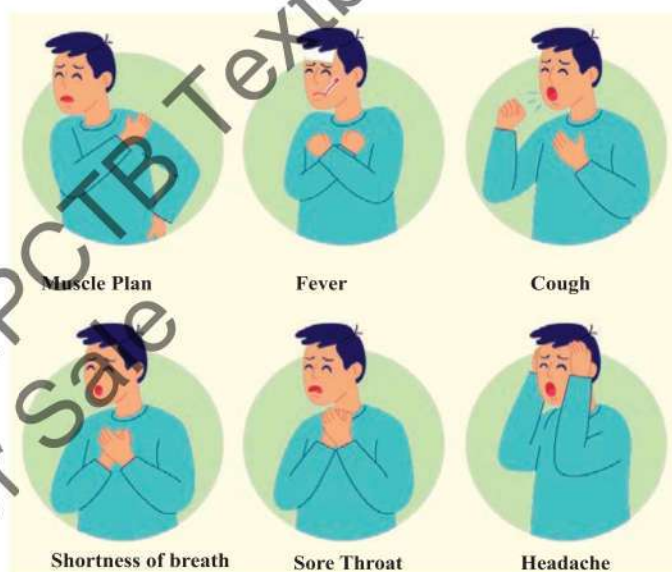
Fever, cough, tiredness, loss of taste or smell .

Less common symptoms :

Sore throat, headache, aches and pains, Diarrhoea, a rash on skin, or discolouration of Fingers or toes red or irritated eyes.

Serious symptoms :

Difficulty in breathing or shortness of breath, loss of speech or mobility, or confusion, chest pain.



PATIENT MANAGEMENT

- Seek immediate medical attention if you have serious symptoms. Always call before visiting your doctor or health facility.
- People with mild symptoms who are otherwise healthy should manage their symptoms at home.
- On average, it takes 5–6 days from when someone is infected with the virus for symptoms to show, however it can take up to 14 days.



PRECAUTIONARY MEASURES

Take the following precautionary measures for corona before going to market :



Cover your face with mask in market.

People more than 60 and children less than 15 should not go the market.

Avoid to go to market daily.

If you have cough or fever then do not go to market.

Avoid to spend long time in market.

Keep the sanitizer with you and use it regularly.

Avoid to go to the shops which are rushy.

Don't touch the things for few hours brought from market.

Wash the fruits and vegetable before use.

Activity

If your mother think of going market then which kind of precautionary measures you will take before going to market.

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